MAKING INFORMED CHOICES

Community Living Options Information Process for Nursing Facility Residents

TEXAS Department of Aging and Disability Services

16D0224 - February 2016

Introduction

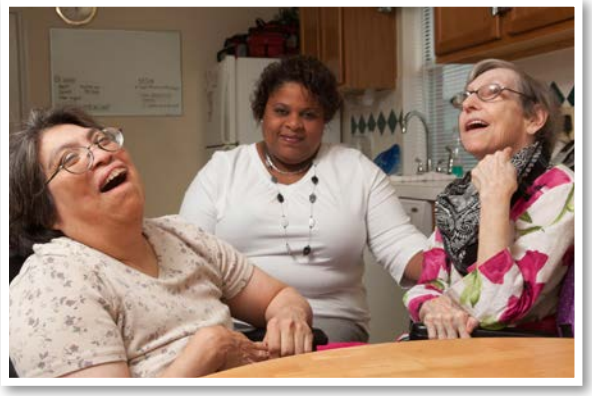
This workbook is intended for use by local intellectual and developmental disability authority (LIDDA) service coordinators working with people with an intellectual and developmental disability (IDD) who live in nursing facilities. It can help residents explore community living options. If a resident has a legally authorized representative (LAR), the service coordinator should get the LAR's permission to use this or any other information with the resident.

Service coordinators can use the pictures in this workbook to help residents identify the types of places they might want to live and with whom. It is to be used in discussions with them to help them consider their options in community living. Depending on the person's capacities, the workbook may be used solely with the person; otherwise, the service coordinator may need to enlist the help of someone who knows the person and is familiar with their communication skills. This person could be the LAR, a family member or a friend. It might also be a professional, such as a speech therapist or sign language interpreter. In addition to the experience with this workbook, service coordinators might find it beneficial to arrange visits to different types of residences.

Who do you want to live with?

By myself

A family



A small group

A large group

Where do you want to live?

In a small house

In an apartment

In a large house

Where I live now

What activities do you like?

Shopping for groceries

Making food in the kitchen

Having fun with friends

Going to community events

Do you like the city or a small town?

City

Small town